Worksheet 2 Year 3

Your task is to write a set of instructions about how to keep safe and healthy during our time at home.

You could include:

- exercise ideas
- healthy eating ideas
- new hobbies
- ways to keep your brain healthy and active
- how to relax
- how to have fun

<u>Remember these are the key features of a set of instructions:</u>

A title to explain what the instructions are about	Short introduction	A 'You will need'/ equipment section
Numbered step by step instructions	Bossy verbs (imperative) Eg. Make, put, walk, run, place	Pictures to match the writing
Simple, easy to read instructions	Adverbs to add detail Eg. Slowly, carefully, energetically	A conclusion to show the reader what they could achieve if they follow the instructions