

Suggested kit list

When preparing kit for the residential it is important to remember that during October, the weather in the Brecons is unpredictable. It can be wet and cold and as all activities require children to wear a long sleeve top and long trousers, it is key that pupils are appropriately dressed for each challenge. Pupils will be spending most of each day outdoors. Activities that are undertaken will require clothing that is sturdy and furthermore that pupils will not worry about if the activity means they get wet and muddy. A large drying room is available in which children will leave wet clothes overnight but the clothes do not always dry fully in time for the following morning so additional 'wet wear' is needed.

The following information provides suggestions to help you prepare your child's luggage prior to the residential trip in the Autumn term.

- **Three complete changes of clothes that can get muddy / wet.** Each set of clothes for wet / muddy activities **must include** long trousers / joggers; a long sleeved top and underwear (socks and pants). Each set of clothes should be packed into a separate carrier bag labelled 'wet clothes 1', 'wet clothes 2' and 'wet clothes 3'.
- **Three complete changes of clothes for the 'Dry Bag' needed after each wet / muddy activity.** Pack each set of clothes in a separate carrier bag labelled as 'Dry Bag 1', 'Dry Bag 2' and 'Dry bag 3'.). Each set of clothes in the 'dry bags' **must include** long trousers / joggers; a long sleeved top and underwear (socks and pants). You will also always need a dry towel in your 'dry bag' – see notes on 'towels' below.
- **Old trainers / shoes** are essential for water based activities (and for the challenge course). Shoes worn for these activities will get wet and muddy and will not be suitable for dry activities afterwards as they are unlikely to be sufficiently dry.
- **Two additional complete sets of clothing** for the 'non-muddy/wet' activities to include long trousers, long sleeved top and 'hoodie' or warm jumper.
- **Waterproof coat** (this may get muddy during some activities however a PGL waterproof will be provided for the challenge course and 'Puddle' activities).
- Underwear – in addition to the underwear packed in 'Wet clothes' and 'dry bag' kit, four additional sets of underwear are needed (including pants and thick socks).
- **Pyjamas** (a 'onesie' is ideal)
- **Hat and gloves**
- **Three** bath towels – two of which may get muddy, the third towel will be kept 'at base' (children will have a warm shower in washrooms adjacent to the lake after water-based activities but towels used here may get muddy) Dark coloured towels are preferable; towels **MUST** be named.
- **Wash kit** – soap; toothbrush/paste; shampoo, brush / comb
- **Draw string bag** – a school PE bag is ideal (in which to put dry change of clothes for water based activities) This is referred to as a 'Dry Bag' and is used daily. This bag should also be used to carry lunch for the outward journey; please do not bring a lunch box.

All luggage should be packed in a holdall or suitcase, clearly named please. It is helpful if children have packed / helped to pack their own case then they will be aware of which items they have brought with them.

In addition, children will also need:

- Their 'PGL' hoodie which should be worn on the outward and homeward journey; children **DO NOT NEED SCHOOL UNIFORM** during the week; they should travel in comfortable clothes (long trousers /jeans/ leggings/ tracksuit bottoms not shorts please). The clothes that the children travel in can also be used as a spare set of dry clothes for the evening.
- Lunch for outward journey (ideally in the draw string bag that pupils will use during the week for their water bottle and in which to pack dry clothes for wet activities – no lunchboxes please).
- A NAMED water bottle – this can be used for a drink on the outward journey, but children are also encouraged to fill their water bottle every morning and drink throughout the day at PGL.
- Spending money (£10 maximum and in change if possible) in a NAMED purse placed in a NAMED carrier bag (into which children will put their purchases) that **MUST** be handed in **ON THE THURSDAY BEFORE WE GO TO PGL**. Monies will be stored securely until departure. Children will be allowed to visit the on-site shop on **ONE** occasion to buy gifts etc but their purchases and any monies remaining will be kept safe until their return journey.
- Sleeping bag rolled inside a sleeping bag 'sack' or black bag which must be clearly named.
- **If using a bin liner or plastic bag for the sleeping bag, rather than its own 'carry sack', It is essential that you include a spare named black bag in which to pack sleeping bag for homeward journey.**
- Plastic bags in which to put wet and dirty clothes.
- Medication – any medication must be handed to Mrs Masser upon arrival in school on the Monday morning prior to the journey. Medication should be clearly named and labelled with appropriate dosage. Medicines will be administered by a qualified first aider at the appropriate time (s) during the residential.
- If your child requires travel sickness tablets, please ensure that these have been given **BEFORE** you arrive at school. Tablets for the return journey should be handed to Mrs Masser in a named envelope / packet. **PLEASE NOTE** our journey involves several miles of narrow, twisty country lanes (near the PGL venue) so if your child is prone to travel sickness, necessary medical precautions are essential.

Please do not hesitate to ask any member of the Year 6 team if you have any queries about the information detailed above.